

# ICRT Reiki Membership Association Standards of Practice

1. Use ICRT manuals when teaching your classes. Supply one manual per student. Manuals must be purchased from [www.reikiwebstore.com](http://www.reikiwebstore.com).
2. Professional members: supply the RMA certificates for your students.
3. Reply to all Reiki related email and voicemail in a timely way.
4. Use a client information form and session documentation form in your Reiki sessions. (Available on membership site).
5. Create a safe, comfortable, harmonious space for your sessions and classes.
6. All training and class attunements must be given in person.
7. When teaching Reiki classes, use only the RMA Reiki symbols as drawn by Mrs. Takata for Reiki II and the Master symbols for ART/Master, which are located in the ART/Master manual. No symbols are taught in Reiki I.
8. Include time for lecture, discussion, demonstration, practice time and questions and answers in all your classes.
9. Reiki I & II can be taught together (Hayashi style) or separately according to teacher preference.
10. ART and Master can be taught together or separately according to teacher preference. However, for those teaching any Usui/Holy Fire ART/Master class, both need to be taught together as one class.
11. Require that a student have practiced at the Reiki II level for a minimum of six months before taking ART or ART/Master.
12. Use the RMA class outlines. Additional topics can be taught at teacher's discretion.
13. Minimum class times: Reiki I – 5 hours; Reiki II – 5 hours; Usui/Tibetan ART – 5 hours; Usui/Tibetan Master – 10 hours; Usui/Holy Fire ART/Master - 15 hours.

